

# Keeping Up

April—June 2016

Awareness | Acceptance | Inclusion



**THURSDAY, MAY 19, 2016**

**RACE BEGINS AT 7:00 PM**

**FISERV | 6000 PERIMETER DR. | DUBLIN, OH**

The 2016 Run for Down Syndrome hosted by 2FGR Running Group, will take place on **Thursday, May 19, 2016** at Fiserv in Dublin, Ohio. *New in 2016*—we are introducing a **10K** race alongside of the popular 5K and Kids' 100 Meter Dash!

Mark your calendars for this fun-filled, family event that features a 10K, 5K, Kids' 100 Meter Dash, bounce houses and food! Registration includes a commemorative t-shirt, plus a medal at the finish line!

*Register early as prices increase May 1st.*

**Pricing before May 1:**

10K Race	\$38
5K Race	\$28
Kids' Run	\$10

**Pricing after May 1:**

10K Race	\$43
5K Race	\$33
Kids' Run	\$15

**For more information and to register, please visit [dsaco.net/5k](http://dsaco.net/5k)**

## Inside This Issue:

2. Membership News
3. DSACO in the Community
4. Medically Speaking
5. Community & Health
6. Programming
7. Programming
8. Programming
9. Summer Picnic
10. Columbus Buddy Walk®
11. Member Outreach
12. Support & Activity Groups
13. Support & Activity Groups
14. Fundraising Events
15. Special Thanks

## STAY CONNECTED WITH DSACO!

 **DSACO: Down Syndrome Association of Central Ohio**

 **@DSACO\_Cbus**

 **@DSACO\_Cbus**

 **DSACO Pics**